

TITLE OF PRESENTATION: "I went to the Zero Suicide Academy. Now what?"

PANEL DISCUSSION:

Panel Organizer: Lynne Ann Bakalyan, LPC, Director, Office of Member & Family Affairs, Beacon Health Options

PANEL:

Crystal Asuncion, Administrative Assistant III, Beacon Health Options

Paul Baranek, LPC, Education Coordinator, Beacon Health Options

Dana Braatz, Database Analyst Programmer, Beacon Health Options.

Kim Cassidy, LCSW, CPACK Supervisor, Beacon Health Options

Steve Coen, Ph.D., Clinical Peer Advisor, Beacon Health Options

EDUCATIONAL OBJECTIVES:

- Participants will be able to identify the challenges in building a ZS implementation team.
- Participants will be able to identify at least one evidence-based practice to implement.
- Participants will be able to discuss ways their organization could implement a ZS team.

ABSTRACT:

Beacon's presentation aligns with the theme of this year's conference. Many people have joined the ZS movement and aspire to lead a suicide prevention effort in their organization or community. However, it can be challenging to identify which steps to take first. We will provide practical examples of how we propelled an implementation team at our Behavioral Health Organization. We will discuss how we approached the seven precepts of ZS. Our presentation aligns with Clinicians and Peer Supporters track. We will highlight the evidence-based practice, Non-Demand Caring Contacts, and we will discuss methods of collaboration with clinicians and peer specialists at community mental health centers. We will discuss results of generating a weekly inpatient discharge report to distribute to the mental health centers. We are in the process of measuring the outcome of this effort. We will demonstrate how a health agency that does not meet with clients can aspire towards zero suicide and drive systemic change. We plan to engage our audience with stories, handouts of our non-demand caring contact and use a question and answer format. We will meet our educational objectives by discussing our challenges in building a team, highlighting non-demand caring contacts as an evidence based practice, and guiding others to take the first step.