

Become a part of Colorado's largest statewide effort to prevent suicide. Join or contribute to SPCC today. Help fund our efforts to promote collaboration among agencies across Colorado and **know that you are a part of Colorado's movement to reduce suicide and its impact in our state**. **Join online or contribute** by completing the following form and sending it to:

**Suicide Prevention Coalition of Colorado**  
**PO Box 440311, Aurora, CO 80044-0311**

**Membership Levels**

To see our complete list of member benefits, go to [www.suicidepreventioncolorado.org](http://www.suicidepreventioncolorado.org).

Individual \$50 \_\_\_\_\_ Student/Retiree \$15 \_\_\_\_\_  
 Advocate \$125 \_\_\_\_\_ Prevention Leader \$175 \_\_\_\_\_  
 Supporter \$250 \_\_\_\_\_ Collaborator \$500 \_\_\_\_\_  
 Lifesaver \$1000 \_\_\_\_\_

**Tax-Deductible Donation**

Make a tax-deductible contribution to support the work SPCC does to prevent suicide in Colorado.

Donation Amount \$ \_\_\_\_\_  
 Name of person if this is a memorial gift \_\_\_\_\_

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Organization (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Organization Website (If applicable): \_\_\_\_\_

Make checks payable to *Suicide Prevention Coalition of Colorado*.

**Suicide Prevention Coalition of Colorado**  
 PO Box 440311  
 Aurora, CO 80044-0311  
 720-934-2387  
[info@suicidepreventioncolorado.org](mailto:info@suicidepreventioncolorado.org)  
[www.suicidepreventioncolorado.org](http://www.suicidepreventioncolorado.org)

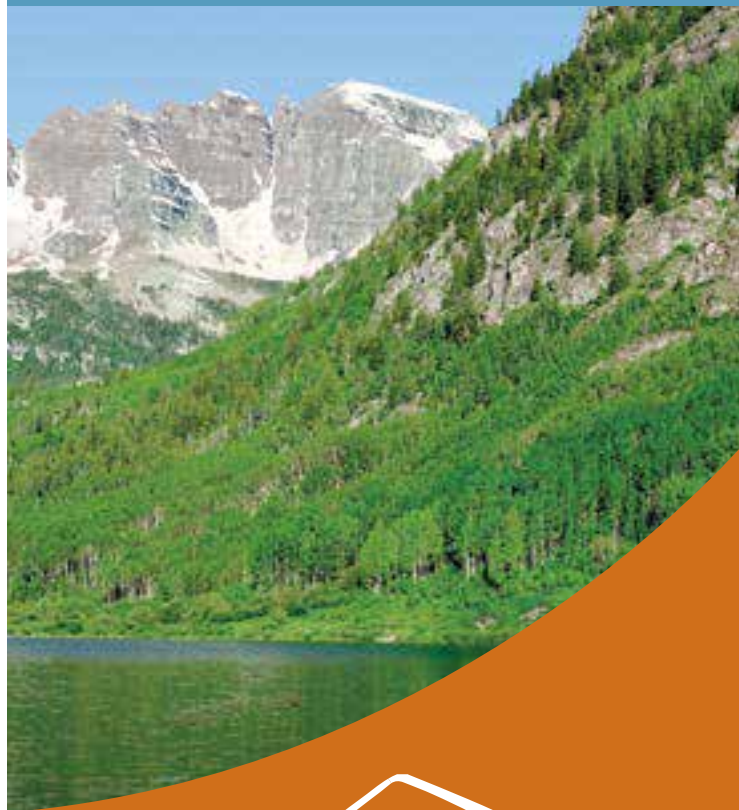


**JOIN OR CONTRIBUTE TO SPCC**

Become a part of Colorado's largest statewide effort to prevent suicide. Join SPCC today.

Among the member benefits are our email newsletter, invitations to educational sessions, access to statewide resources, receive Legislative Action Alerts about relevant legislation, and most importantly, **knowing that you are a part of Colorado's movement to end suicide and its impact in our state**. To see our complete list of member benefits and to join online, go to [www.suicidepreventioncolorado.org](http://www.suicidepreventioncolorado.org).

Your membership dues or generous contributions support SPCC's important work in preventing suicide.  
*SPCC is a Colorado 501(c)3 nonprofit organization.*



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 PO Box 440311, Aurora, CO 80044-0311  
 720-934-2387 | [www.suicidepreventioncolorado.org](http://www.suicidepreventioncolorado.org)



**SUICIDE PREVENTION COALITION OF COLORADO**

*Working around the state to reduce suicide and its impact*



**In 1999, a group of concerned Coloradans –**

suicide survivors, policymakers, mental health professionals, educators and others – joined forces to change the way our state worked toward suicide prevention. Bolstered by their unwavering passion, this group created the Suicide Prevention Coalition of Colorado, SPCC, a nonprofit organization made up of individuals and organizations working around the state to **advocate, educate, and collaborate** to ensure that suicide is no longer a threat to our youth, adult, or senior populations.

**The reality of suicide in Colorado is harsh.**

- In 2014, 1,058 Coloradans dies of suicide – the highest number in history – it was the seventh leading cause of death.
- Colorado ranks seventh in the nation, and is consistently in the top 10 states.
- Suicide is the second leading cause of death for youth ages 10 – 24.
- The largest number of suicides occur in men of working age.
- Rural and frontier counties have higher rates of suicide than urban counties.
- Each suicide costs the state about \$1,104,000 and affects about 200 persons.

**SPCC is working to ensure that people in Colorado make suicide prevention a priority.**

*As a member of SPCC, you are joining forces to support our efforts to prevent suicide and bring the state's staggering numbers to zero.*

# THE SUICIDE PREVENTION COALITION OF COLORADO

**Working together. Working statewide. Working to make a difference.**

Our membership of concerned organizations and individuals working in the areas of suicide prevention and postvention has statewide reach, with members representing Denver and its surrounding communities, the Western Slope, central and eastern Colorado, and the southern points of the state. **SPCC is the only suicide prevention group in the state bringing together so many mental health and suicide prevention organizations and individuals from across Colorado to work in concert to prevent suicide.**

## SPCC Educates

The Suicide Prevention Coalition of Colorado works to educate individuals, policymakers, businesses, health professionals, the media, and others about suicide prevention in Colorado. We organize Colorado's **statewide suicide prevention conference** that brings together nearly 200 people each year; host **educational sessions**; have developed, in partnership with the state's Office of Suicide Prevention, the **Suicide Prevention Resource Guide for Educators**, available to anyone online at no cost; and more. In addition, **we have speakers willing to** present at community organization meetings, businesses, schools, or other events about suicide, suicide prevention, mental health, and other related topics.

## SPCC Advocates

The Suicide Prevention Coalition of Colorado is a group of tireless advocates, working to **increase public awareness of suicide as a public health problem** in their communities and across the state. SPCC's **Regional Liaisons** are poised to present information about suicide and suicide prevention efforts to the state's policymakers to ensure that suicide prevention remains a topic of discussion and receives the important funding it deserves, especially during these difficult economic times. In addition, as a **go-to resource for the media**, our advocacy efforts can be seen around the state in local community papers and in TV and radio newscasts.

## SPCC Collaborates

The advocacy and education work that SPCC facilitates is only possible because of its statewide network. We are the only organization in Colorado working to create this type of **statewide suicide prevention effort**. In addition, SPCC continues to **have a presence at a variety of suicide prevention events** including the Second Wind Fund Walk/Run/Ride, the Out of Darkness Walk, and others. In addition, we maintain a **statewide calendar of events** and invite organizations and individuals to announce their upcoming mental health, suicide prevention, and other events.

## AS A COALITION, SPCC:

- **ADVOCATES** for suicide prevention, especially at the state Capitol;
- **EDUCATES AROUND THE STATE** about suicide prevention and the impact of suicide;
- **ENSURES THAT THE COLORADO LEGISLATURE UNDERSTANDS THE IMPACT THAT SUICIDE HAS** on local communities, regions and the state as a whole;
- **PROVIDES A SAFE PLACE FOR SURVIVORS OF SUICIDE** to seek resources, find grief support groups and get involved in suicide prevention efforts;
- **PROVIDES ACCESS TO RESOURCES** around Colorado to fulfill a variety of needs;
- **PROVIDES A RANGE OF PERSPECTIVES** to the state's Office of Suicide Prevention, the media and policymakers;
- **ACHIEVES MORE WIDESPREAD REACH** than a single organization;
- **COLLABORATES WITH** the Office of Suicide Prevention and the Suicide Prevention Commission.

*“SPCC gives me a chance to connect with other passionate advocates and save lives in the place where I live. I am so proud of this coalition – from its birth among bereaved parents to its organization and reach over the years.”*

*Sally Spencer-Thomas  
Carson J Spencer Foundation*



*If you or someone you know is in crisis, call 1-800-273-TALK (1-800-273-8255) immediately.*

