

## Proposal for Bridging the Divide: Suicide Awareness and Prevention Summit

1. Presentation Title: *The Imagine Project: Preventing Suicide through Expressive Writing*
2. By Dianne I. Maroney, RN, MSN, CEO of The Imagine Project, Inc.
3. Session
4. Bereaved by Suicide and mental health professional
5. Programs that Work, Intermediate
6. I typically give this presentation at schools, educational, parents, trauma conferences, etc., I will focus this more for suicide. Most recently in Colorado I presented at the Colorado School Counselors Assn meeting in Keystone, CO with 100 attendees in a breakout session. Also at the Colorado Dept of Education Equity and Excellence Conference in Lone Tree, CO with ~50 in a breakout session.
7. I have not presented at the Summit in the past.
8. Educational Objectives:
  1. At the conclusion of this presentation, the participant should be able to define and discuss how childhood stress and trauma correlates with suicide risk?
  2. At the conclusion of this presentation, the participant should be able to discuss the research behind expressive writing.
  3. At the conclusion of this presentation, the participant should be able to demonstrate the ability to implement The Imagine Project Expressive writing program into their community and/or organization.
9. Abstract:

Childhood stress and trauma are recognized as important risk factors in suicide ideation. This session will review and educate participants on a simple, yet profound expressive writing program that helps kids K-12 (and adults) process difficult life circumstances and move forward in life. The Imagine Project can be implemented to support prevention, intervention, and crisis and loss programs.